

## Tuesday 29<sup>th</sup> November 2016

### Present:

|                      |                     |
|----------------------|---------------------|
| Bernie Campbell (BC) | Former Unpaid Carer |
| Kerry Donaghy (KD)   | PKAVS Carers Hub    |
| Lorraine Greig (LG)  | Unpaid Carer        |
| Maureen Summers (MS) | Unpaid Carer/Chair  |

### Apologies:

|                    |                     |
|--------------------|---------------------|
| Christian Campbell | Former Unpaid Carer |
| Maureen Donnelly   | Unpaid Carer        |
| Maggie Gordon      | Unpaid Carer        |
| Sharon Harvey      | Unpaid Carer        |
| Raymond Jamieson   | PKAVS Carers Hub    |
| Joan McEwen        | Unpaid Carer        |
| Claire Thomas      | Former Unpaid Carer |

### 1) Welcome and Apologies

Everyone was welcomed and apologies were noted.

### 2) Agree On Notes From Previous Meeting

- Notes agreed and added to PKAVS Carers Hub website for viewing  
<http://www.pkavscarershub.org.uk/Have-your-say>

### 3) Integrated Joint Board

BC provided the following update: *Carers Collaborative – Maureen and I attended the final meeting of the Carers Collaborative in October. Another excellent day. The aim of the meeting was to inform policy and practice from carers’ experience on IJBs as well as sharing best practice and recommendations for improving IJB carer representation. The Scottish Government Carers Policy Unit and Integration Team were present. Each Carer gave a brief update on what had been happening in their area and topics for discussion included the number of representatives on each board, opportunities to raise carers issues and how to get items on the agenda prior to IJB meetings. The final report is currently ind raft and has been circulated to Reps for their comments. The last IJB meeting was held on the 4<sup>th</sup> November. Following a number of concerns raised by both the Carer and Service User reps regarding our roles and responsibilities on the Board, a meeting was arranged with members of the Communications and Engagements sub group. Areas covered included clarity over our roles,*

*how do Public Partners influence the IJB agenda, taking formal issues/requests from Carers/Service Users to the Board, understanding of the Key priorities and plans for future to ensure carers/service users are involved at an early stage and building networks with other carers/service users. Actions were agreed and a follow up meeting with Rob Packham has been arranged for the 20<sup>th</sup> December.*

MS and BC advised there are having a few issues with the IJB, including they are unable to request items to be added to the agenda. MS and BC also advised that their presence at the meetings has even been questioned by others. They generally feel they aren't being treated as equals, and aren't being informed of important matters. BC and MS have raised this with Helen and Susan, and they will be having a discussion with them next month about it and will keep us informed of how it goes.

BC gave examples where other IJB's across Scotland include Carer and Service User Reps on their Partnership website, some also include photographs and a short biography. BC has been advised that they mention all reps and include pictures in different areas of Scotland for the IJB.

MS and BC told the group that they have a pre-meeting with Susan Bathgate and service user representatives before the IJB meetings to discuss any issues with the papers. BC and MS have agreed to consult the group at the Carer Voice meetings regarding any issues the group wish to take forward that they can then bring up at the pre-meeting.

MS and BC also advised they have raised Joan McEwen's letter regarding the GP practices identifying carers as an item for the IJB meetings. Due to the issues of being unable to get items on the agenda, they committed to keep pushing on this item to be raised once they gain influence.

Susan Bathgate contacted KD about the possibility of the Carer Voice meeting dates being tied into the IJB meeting dates, however as we have now set them for 2017 and 200 leaflets have been printed with these dates it wouldn't be a great idea to change our dates now.

#### **4) Redesign of mental health services**

At the Carers Conference, MS asked Rob Packham if a decision had been made on the Appraisal Options. He advised that there wasn't as yet, however BC and MS advised that the IJB papers indicate an option has been made but it's not been made clear what decision has been made. During the question and answer session, Rob also advised that he has evidence of Perth and Kinross carers being included in the process.

Actions:

- KD to source P&K carer involvement with Rob Packham

#### 5) Participatory Funding in P&K

Carers present discussed whether the participatory funding available will be open exclusively to carers again for a future bid for the group. KD advised that PB money had been allocated in Craigie, Rattray and Crieff lately for any projects, not just carer exclusively, so it was questioned whether it is now based on location rather than vulnerable groups. BC advised that these locations were deemed as “deprived” in a presentation she watched recently. Everyone at the meeting was under the impression that the funding had to be used in those particular areas but KD thinks it was maybe more fluid than that as she requested to use money in Auchterarder for the Crieff bid, so the group would like this clarified as the group could have applied for more money if it could have been used in the Perth City (if applying to the Craigie pot).

It was agreed that an agenda item for the January meeting should be “Future Funding For Carers Voice”. It was also agreed that everyone in the group needs to be pro-active in sourcing funding ideas for the groups future.

Actions:

- KD to clarify what the future of PB monies will be, and whether groups in Perth City will get access to them again
- KD to speak to Erman and find out if the money he received at the Rattray funding event has to be carried out in the Rattray area
- KD to speak to Community Engagement team to find out who was allocated money at each area.

#### 6) PB Monies review

PB monies fund unchanged from last meeting. The remaining funds are to be spent by the 11<sup>th</sup> of March 2017.

**TOTAL REMAINING: £740.60**

**Action:**

- ***Carers Voice members to keep any receipts and claim any travel/accommodation expenses they incur for attending meetings, events etc. associated with Carers Voice (a copy of the expense form to fill out has been attached to these notes)***

#### 7) Carer Voice Presents....

KD has arranged training for carers for the next few months which are to be “hosted” by the Carers Voice group. This means that a carer from the Carers Voice group goes along for the first couple of minutes of the training, and explains the groups purpose and hands out leaflets to carers present to encourage them to join in on the meetings. The training is as follows:

Tuesday 6<sup>th</sup> December for Benefits and Finances at Fairfield Neighbour Centre (1pm-3pm)

Wednesday 7<sup>th</sup> December for Handling and Moving at PKAVS, Gateway, Perth (10am-3pm)

Tuesday 31<sup>st</sup> January 2017 for Heartstart at PKAVS, Gateway, Perth (10am-12pm)

Thursday 16<sup>th</sup> February 2017 for Credit Union chat at PKAVS, Gateway, Perth (1pm-3pm)

Carers present at the group were unable to commit for sure as KD did not have these dates to hand.

KD is requesting cover for the first few minutes of these training opportunities to help you promote the group. If they aren't covered by a carer from the group, it is a missed opportunity to encourage more membership.

Actions:

- Group members to contact KD if they can help at any of the above dates

#### **8) List of meetings/events members have participated in**

- 25th October Coalition of Carers National Forum for IJB reps in Scotland. Edinburgh.
- 26th October Coalition of Carers' quarterly event. Edinburgh.
- 27th October Mental Health Carers' Involvement Group. Murray Royal Hospital.
- 2nd November Pre IJB meeting for Carer and public Partner reps. PKAVS.
- 4th November Development presentation and P&K IJB meeting. Dewars' Rinks.
- 8th November IJB reps' meeting with Rob Packham, Val Johnston and Lynne Hamilton. Council Offices, 2 High Street.
- 11th November Care Inspectorate Involving People Group. Perth.
- 12th November Care Home Inspection in Kirkcaldy.
- 14th November Public Partners' Focus Group on OOH. Kings' Cross, Dundee.
- 15th November Care Inspectorate Volunteers meeting.
- 18th November Meeting for IJB reps with Helen McKinnon and Allyson Angus. Pullar House.
- 23rd November Voices training at PKAVS.
- 25th November Support in Mind members' event and AGM. Edinburgh
- 28<sup>th</sup> November Carers Conference 2016: two carers from group put questions forward regarding GP practices identifying carers and the NHS appraisal options. Carers Voice also held a stall, and provided a talk on the day about the groups purpose.
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#### **9) Any Other Competent Business**

- KD explained that the Voices Training course that she organised was a good opportunity for Carers Voice group to attend and find out the structure of health and social care organisations for more effective communication and was disappointed that there was not as much uptake on this. KD advised she will arrange a course on “Making a Case for Change which covers how to present a good argument and the key people to present to for maximum impact. KD will be in touch with a date for 2017.

**2017 Dates for Carers’ Voice Meetings**

**All meetings held on Tuesdays from 11am-1pm at The Gateway, North Methven Street,  
Perth on the following dates:**

**10<sup>th</sup> January  
21<sup>st</sup> February  
4<sup>th</sup> April  
16<sup>th</sup> May  
27<sup>th</sup> June  
8<sup>th</sup> August  
19<sup>th</sup> September  
31<sup>st</sup> October  
12<sup>th</sup> December**